



Davis™ Stepping Stones

Beginning Steps to the Davis Autism Approach Program

A workshop specifically created for educators and support people of younger individuals with ASD and for those with limited language.

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| Workshop: Davis Stepping Stones |
| Description: Davis Stepping Stones is an introductory program developed for: <ul style="list-style-type: none">• younger individuals who are on the autistic spectrum and /or are struggling to meet early childhood development milestones.• Individuals of any age with ASD who have low or no verbal ability. |
| Aim: To provide the opportunity to gain sufficient knowledge and skills to actively support the development of early life and social concepts. |
| Course Length: 2 days – 14 hours |
| Recommended Reading: <i>Autism and the Seeds of Change</i> – By Abigail Marshall and Ronald D. Davis |
| Who should attend: <ul style="list-style-type: none">• Any family member, educator or therapist working with:<ul style="list-style-type: none">- autistic individuals under the age of eight, or- autistic individuals with low (or no) verbal or receptive language, or- children who are struggling to meet childhood development milestones.• Anyone interested in the Davis Autism Approach® |
| Workshop materials provided: <ul style="list-style-type: none">• Davis Stepping Stones kit - including Stepping Stones manual, , plastilina clay, clay cutter, koosh balls, and a download of the Davis Auditory Orientation sound.• Powerpoint notes |

Learning Outcomes

Upon completion of the workshop you will:

- Demonstrate an understanding behind the rationale for the program and how it helps those with ASD under the age of 8 or those with very limited language, to develop the foundational life's lessons needed to complete essential early childhood development stages.
- Describe and reflect on the process of 'individuation' (awareness of self) and the role it plays in the acquisition of early life concepts.
- Practice the Davis self-regulation strategies for yourself, to support you in remaining calm and relaxed while working with the individual.
- Demonstrate the techniques needed to guide someone through the use of the Davis self-regulation strategies of *Focus*, *Release* (stress management) and *Dial* (energy regulation).
- Discover methods for facilitating a greater awareness of self and others.
- Describe and reflect on the technique of Concept Mastery using plastilina clay and gain experience on how to guide another/your child through this process.
- Explore how to teach and actively create the fundamental life concepts of *change*, *consequence*, *cause and effect*, *before and after*, using the engaging hands-on method of modelling with plastilina clay.
- Gain experience of how to create meaningful, positive learning experiences in the home, school or external environment to actively explore these life concepts.

Teaching and Learning Tools:

- Powerpoint presentations
- Guided discussions
- Videos
- Demonstrations
- Guided practice
- Q & A
- Group work

Evaluation:

- Self-assessment by participants of skills and knowledge gained throughout the workshop.
- Assessment of participant skills and knowledge by the course leaders

Note:

This workshop does not include certification or licensing for commercial use of the Davis trademarks; such use requires extensive additional training.