



Davis™ Concepts for Life – Early Years

A workshop specifically created for educators and support people of children who are struggling with focus, behaviour, relationships, self-regulation, executive functioning, or meeting developmental milestones.

Workshop: Davis Concepts for Life – Early Years

Program Description:

Davis Concepts for Life – Early Years is a program developed for children who:

- Are struggling to meet childhood development milestones
- Are unable to regulate their stress, emotions, or energy level appropriately
- Find it difficult to remain focused
- Face behavioural challenges
- Struggle to keep or make friends
- Have challenges with self-regulation or executive functioning

Workshop Purpose:

To provide the opportunity to gain sufficient knowledge and skills to actively support the development of self-regulation and early life and social concepts.

Course Length: 3 days – 21 hours

Who should attend:

- Family members, educators or therapists working with a child (or children) under the age of eight who struggles with focus, behavior, relationships, self-regulation, executive functioning, or meeting developmental milestones.
- Anyone who is interested in the Davis Concepts for Life program.

Workshop materials provided:

- Davis Concepts for Life – Early Years kit - including workshop manual, plastilina clay, clay cutter, koosh balls, and a download of the Davis Auditory Orientation sound.
- Powerpoint notes



Learning Outcomes

Upon completion of the workshop you will:

- Demonstrate an understanding behind the rationale for the program and how it helps children to develop the foundational life's lessons needed to complete essential early childhood development stages, and create order with their environment as well their behavior.
- Describe and reflect on the process of 'individuation' (awareness of self) and the role it plays in the acquisition of early life concepts.
- Practice the Davis self-regulation strategies for yourself, to support you in remaining calm and relaxed while working with the individual.
- Demonstrate the techniques needed to guide someone through the use of the Davis Self-regulation strategies of *Focus*, *Release* (stress management) and *Dial* (energy regulation).
- Describe and reflect on the technique of Concept Mastery using plastilina clay and gain experience on how to guide a child through this process.
- Gain the ability to teach and actively create (using the engaging hands-on method of modelling with plastilina clay) the fundamental life concepts of: *self, another, others, change, consequence, cause and effect, before and after, time, sequence, order and disorder*.
- Gain an understanding of how to create meaningful, positive learning experiences in the home, school or external environment to actively explore these life concepts.
- Learn how to guide a child through exercises to establish order in their environment.
- Gain experience in how to facilitate a child towards making good behaviour decisions in order to create positive outcomes for themselves and others.
- Create a plan of how to implement the Davis Concepts for Life – Early Years program so that it meets the needs of the individual.

Teaching and Learning Tools:

- Powerpoint presentations and guided discussions
- Video
- Demonstrations and guided practice
- Q & A
- Group work

Evaluation:

- Self-assessment by participants of skills and knowledge gained throughout the workshop.
- Assessment of participant skills and knowledge by the course leaders

Note:

This course does not include certification or licensing for commercial use of the Davis trademarks; such use requires extensive additional training.